


















Sarah will have revised hours this month. Updates regarding specific events will be shared continuously over the next few weeks. Looking forward to the New Year!

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 3 rd , 1959: Alaska becomes the 49 th U.S. state January 16 th , 1919: Prohibition begins in the U.S. January 28 th , 1813: Jane Austin's novel, <i>Pride and Prejudice</i> , is published National Soup Month Oatmeal Month Promoting Healthy Aging Month		1 New Year's Day 10:00am Shopping 3:30pm Osteo Exercise 7:00pm Skip Bo 	2 9:30am Nurse 3:00pm Left, Right, Center (L, R, C) 5:00pm Diabetes Prevention 5:00pm Don Collects Fund 7:00pm Canasta	3 10:00am Shopping 2:00pm Poker 3:30pm Osteo Exercise 5:00pm Lights on the Lake Trip - Part II 6:45pm Bingo!	4 1:00pm Shuffleboard 6:30pm Happy Hour 7:00pm Hand & Foot 	5 10:00am Gingerbread Gallery in Syracuse 10:30am Dominoes 1:00pm Phase 10 3:00pm Interdenom. Service
6 12:30pm Dinner 3:00pm Movie 6:00pm Paint & Sip 	7 10:00am Bridge 3:30pm Knitting Club 4:00pm Manicures 7:00pm Game Night 	8 10:00am Shopping 1:00pm Writing Club 3:30pm Osteo Exercise 7:00pm Skip Bo 	9 9:30am Nurse 2:00pm One Accord Performance in the Activity Room 3:00pm Left, Right, Center (L, R, C) 5:00pm Diabetes Prevention 7:00pm Canasta	10 10:00am Shopping 2:00pm Poker 3:00pm Mobile Library 3:30pm Osteo Exercise 6:45pm Bingo! 	11 6:00am Breakfast at Wade's Diner 1:00pm Shuffleboard 7:00pm Hand & Foot 	12 10:30am Dominoes 12:00pm Lunch at Maria's & Movie Theater Trip 1:00pm Phase 10 3:00pm Interdenom. Service
13 12:30pm Dinner 3:00pm Movie 6:00pm Arts & Crafts - Fleece Blankets 	14 Birthday Night 10:00am Bridge 3:30pm Knitting Club 5:30pm Entertainment 7:00pm Game Night 	15 10:00am Shopping 3:30pm Osteo Exercise 7:00pm Skip Bo 	16 9:30am Nurse 3:00pm Left, Right, Center (L, R, C) 5:00pm Diabetes Prevention 7:00pm Canasta 	17 10:00am Shopping 2:00pm Poker 3:30pm Osteo Exercise 6:45pm Bingo! 	18 1:00pm Shuffleboard 7:00pm Hand & Foot 	19 10:30am Dominoes 1:00pm Phase 10 3:00pm Interdenom. Service
20 12:30pm Dinner 3:00pm Movie	21 Martin Luther King Jr. Day 10:00am Bridge 3:30pm Knitting Club 7:00pm Game Night	22 10:00am Shopping 1:30pm Writing Club 3:30pm Osteo Exercise 7:00pm Skip Bo	23 9:30am Nurse 3:00pm Left, Right, Center (L, R, C) 5:00pm Diabetes Prevention 7:00pm Canasta	24 10:00am Shopping 2:00pm Poker 3:00pm Mobile Library 3:30pm Osteo Exercise 6:45pm Bingo!	25 1:00pm Shuffleboard 7:00pm Hand & Foot 	26 10:30am Dominoes 2:30pm Ice Cream Social 1:00pm Phase 10 3:00pm Interdenom. Service
27 12:30pm Dinner 3:00pm Movie 	28 10:00am Bridge 2:00pm Pokeno 3:30pm Knitting Club 7:00pm Game Night 	29 10:00am Shopping 12:00pm Lunch at Mimi's Diner 3:30pm Osteo Exercise 7:00pm Skip Bo	30 9:30am Nurse 3:00pm Left, Right, Center (L, R, C) 5:00pm Diabetes Prevention 7:00pm Canasta	31 10:00am Shopping 1:30pm Walking Club 2:00pm Poker 3:00pm Mobile Library 3:30pm Osteo Exercise 6:45pm Bingo!	Birthstone: Garnet Flower: Carnation Zodiac: Capricorn/Aquarius 	<p style="text-align: center;">Have a happy and healthy New Year!</p> 